



**Dr. Ahmed Al-Matarneh**

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**دكتور أحمد المطارنه**

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أردني

الأردن، الكرك، مؤتة- جامعة مؤتة، قسم علم النفس التطبيقي. صندوق بريد 7 الكرك 61710

**المعلومات الشخصية**

قمت ببناء مسيرتي على مدار السنوات العشر الماضية عملت كأخصائي نفسي اكلينيكي، حيث حصلت على التراخيص المهنية من وزارة الصحة في الأردن والمملكة العربية السعودية وأيضاً كعضو في الجمعية الأمريكية لعلم النفس وعضو مؤسس في الجمعية الأردنية لأخصائي علم النفس الاكلينيكي، و عمل أيضاً على تطوير البرامج التكميلية للكفاءات في مجالات مختلفة من خلال: التدخل المباشر والتشخيص، التقييم والعلاج النفسي و أيضاً بالإدماج والاضطرابات المرتبطة به في عيادتي الخاصة وكذلك في المستشفيات ومراكز إعادة التأهيل في الأردن والسعودية. أيضاً حصلت على رتبة أستاذاً مشاركاً بالتخصص في قسم علم النفس وعملت في حقل التدريس في الأردن وخارجها، والإشراف على طلبة الماجستير والدكتوراه ، بالإضافة إلى ذلك ، لقد أجريت أكثر من 20 بحثاً في مجال الصحة النفسية والعقلية والتي تم نشرها في مجلات مصنفة دولياً، عملت أيضاً رئيساً لقسم علم النفس التطبيقي ومساعد لعميد الكلية.

شاركت كعضو رئيسي في لجنة الترخيص مزاولة المهنة في وزارة الصحة و العمل لتحسين نظام ترخيص أخصائي علم النفس الاكلينيكي والارشاد النفسي في الأردن ، وأعمل في المؤسسات الحكومية والمنظمات غير الحكومية الدولية التي تقدم خدمات الصحة النفسية والعقلية للاجئين والمجتمع المحلي مثل منظمة أطباء بلا حدود وأطباء العالم وغيرها من حيث التدريب والاستشارات والتعليم في مجال الصحة النفسية والعقلية .

## Personal Profile

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As clinical psychologist, I built my career over the last 10 years having the professional licenses from the Ministry of health in Jordan and KSA and being a member of the American Psychological Association and founding member of Jordanian clinical psychologists Association, I am working on developing complementary competences in different areas: providing direct intervention through assessment diagnosis and psychotherapy, addiction and addiction related disorders in my private clinic as well in hospitals and rehabilitation centers in Jordan and KSA. Teaching psychology subjects in public universities in Jordan, providing supervision for Master and PhD students, in addition I have done more than 10 researches in the field of mental health which is published in well-considered Journals. Also working head of Department of Applied Psychology and Dean assistant of faculty.

Working as a lead member of the licensing committee in the ministry of health to improve the licensing system for clinical psychology and counseling in Jordan, working in the government's institutions and INGOs who provide mental health services. Providing trainings and consultations in mental health and education for INGOs.

## Professional Experience

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**Associate Professor** / clinical psychologist. Department of Applied Psychology/ full time, Faculty of Medicine & Faculty of Nursing / Part time Mutah University 10th of June 2010 - till now

Main duties:

- Involve in the department academic annual planning.
- Head of Department of Applied Psychology at Mutah Uni
- Dean Assistant of faculty. Mutah Uni
- Providing supervision for PhD and Master degree students
- Giving lectures for the BA and Master. PhD degrees students.

**Associate Professor**/ clinical psychology. Department of Psychology/ full time Tabouk University ( ksa) 2017 – 2018

Main duties:

- Involve in the department academic annual planning.
- Providing supervision for PhD and Master degree students
- Giving lectures for the BA and Master. PhD degrees students.
- Collaborating in capacity building of students with mental health institutions.

Designing and implementing the outlines and the plans for many subjects in psychology

### **Mental Health Clinician**

center. Jordan. Amman.

July ٢٠١٤ – Present, in collaboration with Multi-Disciplinary Team of Psychiatrist, and clinical neuropsychologist.

- Psychological assessment and set treatment plan.
- Provide therapy for Mild to severe mental health cases.
- Provide clinical supervision for juniors.
- Collaborating in capacity building of students with mental health institutions.
- Designing and implementing the outlines and the plans for many subjects in psychology.

**Psychological counselor for staff and student's**/psychology department in Mutah University **from** ٢٠١٠ **Till** ٢٠١٤

Main duties:

- Providing comprehensive self-care and psycho-social support to staff members on weekly bases.
- Providing direct support for university students.
- Planning and implementing community mental health awareness and conferences.

**Psychological Counselor** for: The National Center for Mental Health. Al-Fuhais Hospital, the National Center for addiction Shafa Badran and Motmaenah Medical Center **from** ٢٠١٠ **Till** ٢٠١٢

- Building treatment plans and documentation system for the cases
- Providing direct psychotherapy for mental ill patients.
- Organizing case conferences with different departments involve with the patients to keep high quality of services.
- Developing the referral systems and encourage collaboration between key workers.
- Planning and implementing community mental health awareness lectures.

### **Consultations**

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**Psychology Advisor** (Jesuit refugee service) **JRS**

**From oct** ٢٠١٨- **until now** (*Part time job*)

Main duties:

- Providing psychological treatment for individual Syrians and Iraqi refugees.
- Providing Clinical supervision for counselors
- Assisting in the development, coordination of the orientation for new clinical staff members
- Collaborating in internal capacity building of local staff.
- Designing and implementing the external trainings to partnering organizations.

- Conducting group self-care sessions and individual consultation sessions for the counselors.
- Coordinating with head of project the logistics and planning for the coming phases of the program.
- Developing the referral systems and encourage collaboration between local groups and leaders, CBOs, local and international NGOs, and government ministries.

**Psychology Advisor. (Doctors without borders) MSF**

**From FEB ٢٠١٩- until now (Part time job)**

- Providing Clinical supervision for counselors
- Collaborating in internal capacity building of External staff.
- Designing and implementing the external trainings to partnering organizations.

**Psychology Advisor. (Doctors of the world) MDM**

**From March ٢٠١٥- until ٢٠١٦ (Part time job)**

Main duties:

- Providing psychological treatment for individual Syrians and Iraqi refugees.
- Providing Clinical supervision for counselors
- Assisting in the development, coordination of the orientation for new clinical staff members
- Collaborating in internal capacity building of local staff.
- Designing and implementing the external trainings to partnering organizations.
- Conducting group self-care sessions and individual consultation sessions for the counselors.
- Coordinating with head of project the logistics and planning for the coming phases of the program.
- Developing the referral systems and encourage collaboration between local groups and leaders, CBOs, local and international NGOs, and government ministries.

**Psychosocial Counselor for Noor Al Hussein Foundation**

**Jan ٢٠١٣-utill Jan ٢٠١٤ (Part time job)**

Main duties:

- Providing Clinical supervision for counselors
- Assisting in the development, coordination of the orientation for new clinical staff members
- Collaborating in internal capacity building of local staff.
- Designing and implementing the external trainings to partnering organizations.
- Conducting group self-care sessions and individual consultation sessions for the counselors.

- Developing the referral systems and encourage collaboration between local groups and leaders, CBOs, local and international NGOs, and government ministries.

### Education

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- *PhD in clinical psychology* A.M.U India ٢٠١٠
- *Master in Psychology. Psychological Counseling* M.U Jordan ٢٠٠٧
- *Bachelor in Psychological and social sciences* M.U Jordan ٢٠٠٣

### Qualifications

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<b>Professional license</b>	٢٠١١	The Jordanian Ministry of Health	Clinical Psychologist
<b>Professional license</b>	٢٠١٢	Saudi Ministry of Health	Clinical Psychologist
<b>Professional license (Licensed)</b>	٢٠١٢	Saudi Ministry of Health	Saudi Heart Association
<b>Member of the American Psychological Association</b>	٢٠١٤	APA	America. No. M <sup>١</sup> / P <sup>١</sup> ٣٩٩٧٩٣٤١
<b>Member of the Jordanian Clinical Psychologists Association</b>	٢٠١٧	JCPA	President of scientific committee
<b>Professional license</b>	٢٠١٨	The Jordanian Ministry of Health	CPR

### SOME Conferences.

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- Education and Humanities Academic Conference. ٢٠١٥ Barcelona, Spain
- Advances in Business Related -Scientific Research Conference Oct ٢٠١٤ October. Rome Italy
- Third International Conference of the Jordanian Association of Psychiatrists "with the theme" Mental Health of Refugees" June ٢٠١٤, Amman
- Fifth International Educational Conference., ٢٠١٣, Tafila Technical University, Jordan.
- Conference of governmental kindergarten in Jordan, Mutah University, ٢٠١٣, Jordan.
- ٢nd Annual International Conference on Transgenerational Trauma October ١٦-١٩, ٢٠١٣ Amman, Jordan
- ٣٠-th International Congress of Psychology, ٢٢-٢٧ July ٢٠١٢, South Africa.

- International Conference on Education and Information Management, Istanbul, Turkey, June 15-17, 2012
- Conference Arabization of Higher Education and Scientific Research, 2012, Jordan, ALESCO, League of Arab States
- Pain Management Conference, 2011, Jordan, King Hussein Cancer Center
- Conference on –concept of psycho in Islam, 2010, India, A.M.U

### Some Published and Submitted work:

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A study of perceived home-environment feeling of insecurity and approval Motive: a comparative study of drug addicts and normals. **Canadian Social Science; 2010, Vol. 6 Issue 2, p 174.**

Scale of Aging Depression for Elderly people: A Factorial Study on the Jordanian environment, **AIN SHAMS University .NO. 29. PART. 1 2010**

Construction Future Anxiety Scale Jordanian Government Universities Students. **INTERNATIONAL JOURNAL of ACADEMIC RESEARCH Vol. 6. No. 9. September, 2014**  
The Role of Clinical Psychologist as perceived by Psychiatrists at the National Center for Mental Health. **Mutah university 2014. 77/7**

Brain Executive Functions of Schizophrenic Patients in Jordan . **British Journal of Humanities and Social Sciences 1 January 2010, Vol. 12(1)**

Variance Impact of Item Classification in Thurston Scale, on Scale Psychometric characteristics . **European Journal of Scientific Research .ISSN 1400-217X / 1400-207X Vol. 127 No 3 December, 2014, pp. 217-227**

The Anxious Attachment (Pathological) and its relationship to the flexibility of the ego in a sample of elderly. **British Journal of Humanities and Social Sciences 17 September 2014, Vol. 12(1)**

Traumatic events ,and their relation to Post Traumatic Stress Disorder ,depression and religiosity among university students **American Journal of Scientific Research ISSN 2301-2000 Issue 100 March, 2010, pp. 72-71.**

The Relationship between Future Anxiety and Motivation For Learning on a Sample of University Students. **AIN SHAMS University .NO. 29. PART. 1 2010**

Personality Disorders and its Relationship with some Variables in a Sample of University Students”, **European Journal of Scientific Research, Volume 129 Issue 1.**

COMMUNICATION PROBLEMS AMONG TOURISTS AND COMMUNITY FORM THE TOURIST PERSPECTIVE "A CASE STUDY FORM KARAK GOVERNORATE.

***International Conference on Education and Information Management (ICEIM- ٢٠١٢) to be held in Istanbul, Turkey from June ١٥-١٧,***

Family Environment as a Predictor of Depression among Adolescents **٣٠<sup>th</sup> International Congress of Psychology, ٢٢-٢٧ July ٢٠١٢.**

The Impact of Job Obstacles on the Job Satisfaction by the Staff of Tourist Hotels at the Dead Sea. ***European Journal of Social Sciences – Volume ٢٥, Number ١(٢٠١١)***

Obstacles Against Women Access to Senior Management Positions in the Travel and Tourism Companies in Jordan "Employees' Viewpoint" ***Canadian Social Science; ٢٠١١, Vol. ٧ Issue ٤, p ١٦٤.***

The social and psychological responsibility of tourism and travel companies in Amman, ***Alazahar university ٢٠١٠.***

A study of perceived home-environment and Duration of treatment between drug addicts and non addicts

Attitudes Towards Mental Illness and Its Relationship to Some Variables ***Dirasat.*** Jordan university

احتياجات أبناء الطلبة الموهوبين لرعاية وتنمية الموهبة لدى ابناءهم في مدارس الملك عبدالله للتميز وعلاقتها ببعض المتغيرات. ***مؤتمر التربوي الدولي الخامس.*** جامعة الطفيلة التقنية, الاردن ٢٠١٣

الذكاء الروحي وعلاقة بالتدين دراسة تحليلية على عينة من طلاب الجامعات الاردنية, ***مجلة مؤتة للبحوث، مؤتة الكرك.***

### **Professional Interests:**

Clinical and Experimental psychology, psychotherapy and Rehabilitation, Medical psychology, Abnormal Psychology, addiction and addiction related disorder , Schizophrenia, Learning Disabilities, Children's and Family intervention, trauma and refugees psychosocial support, self-care and consultation.

**Post-graduate ( MA and Ph-D stdents ) :**

Personality Theories  
 Intelligence Assessment  
 Cognitive Psychology  
 Personality Assessment  
 Psychological Assessment  
 Developmental problems  
 Psychopathology  
 Criminal Psychology

**Undergraduate Courses:**

#	Course
١	Neuropsychology
٢	Clinical Psychology (٤ <sup>th</sup> and ٢ <sup>rd</sup> year medical students)
٣	Psychology: the science of behavior
٤	Abnormal Psychology
٥	Abnormal children's. Mental retardation
٦	Mental Health
٧	Principals of Measurement and Evaluation
٨	Personality Theories
٩	Intelligence Assesment
١٠	The Psychology of War
١١	Physiological Psychology
١٢	Principles of psychotherapy
١٣	Social Psychology (nursing students)
١٤	Psychology of women
١٥	Graduate project
١٦	Emotion and Motivation
١٧	Developmental Psychology
١٨	Introduction to Psychology
١٩	Developmental problems
٢٠	Cognitive Psychology
٢١	Experimental Psychology
٢٢	Psychology of Personality
٢٣	Supervision on master thesis

**Languages:**

Language	Talk	Reading	Writing
English	Good	Good	Good
Indian	Good	-	-
Urdu	Good	-	-
Arabic	Excellent	Excellent	Excellent

**Reference:** upon request